

Clermont Hotel offers a broad range of relaxation and beauty services. The exceptional and globally acknowledged quality of the cosmetic products we use coupled with the high professional standard of the staff servicing the **Health & Beauty Center Clermont** are the guarantee of outstanding services.

Body treatments based on organic phyto-extracts enhance health and restore youth. Their role is to fight the harmful / negative effects of the stressful rhythm of everyday life.

'POLYNESIA' sensory ritual

This ritual will guide you through a three-step exotic trip towards a relaxing and sensory therapy. The **Tahitian Monoi** having protective and moisturizing effects acts in perfect harmony with **Brown algae**, a rich source of **magnesium** with strong relaxing properties.

First stop: Vanilla Island. The mix of **white Bora Bora sand**, **sea salt** and **coconut shell** intensifies exfoliation and promotes skin smoothness. The Algo-Monoi Sargassum and Vanilla Tahitensis complex helps relaxing the body, while **the apricot, jojoba and almond oil** moisturize and add smoothness to the skin, preventing its early ageing.

The Bora Bora stop continues with the Mahana massage. **An incredible relaxation massage**, made with **soft warm pads filled with sand**, a technique passed on from generation to generation and practiced to awaken the senses, to enjoy the feeling of your own body and to restore the energy flow.

The trip ends in the Sacred Island. In order to nurture and moisturise the skin we use **the Polynesian Sacred Oil**, enriched and perfumed with Tahitian Monoi to offer the body a final sublime touch.



'TROPICAL ESCAPE' THERAPY

This is the first product line that incorporates the most effective ingredients used in anti-aging medicine: collagen, elastin, hyaluronic acid and retinol which act like a real treatment in eliminating body wrinkles.



Exfoliation (with **De-aging Salt mousse**) represents the natural way to restoring the healthy and radiant appearance of the skin by releasing strong negative ions. This unique formula infuses the skin with dehydrated sea water.

The body mask (tropical wrapping with **pineapple and papaya**) prevents premature aging of the skin. It is intensely hydrating, leaving the skin completely nourished and rejuvenated, revealing an amazing improvement of the skin in the fight against wrinkles.

Hydration based on papaya and pineapple extracts is promoted with the help of hyaluronic acid while the recovery of firmness and elasticity in the skin provides visible rejuvenation results.

'AQUATIC SCRUB' body exfoliation

A concentration of the invigorating benefits of the ocean, this blue lagoon scrub combines the unique exfoliating power of sea salt with nourishing oils, to reveal a refined skin texture, velvety to the touch. Its marine notes delicately scent the skin, while providing a moment of comfort and well-being.

'SÈVE MARINE®' facial anti-wrinkle treatment

The **SÈVE MARINE® facial treatment** is meant for any lady who wants a silky cleaning of their face. The skin on the face is cleaned from all impurities building up and irritating it and it is rapidly restored to its freshness and brightness. The skin remains perfectly hydrated, silky and supple throughout the day. The hydrating mask and the apricot and sage oils are a true skin delight.

'AGE DEFYING' facial anti-wrinkle treatment

The facial anti-wrinkle treatment based on algae reduces the appearance of fine and deep wrinkles and rejuvenates the face. Rich in A, B, C and E vitamins, in minerals and essential elements, it protects the skin, preserving its firm and luminous aspect. 2 treatments are available:

Hyalu-Procollagen Program – Wrinkle correction with hyaluronic acid and collagen

Silicium Program – Third degree (for sagging skin) of wrinkle filling with Silicium Marin

SABAI volcanic rocks massage

The **SABAI synchronized therapy massage** with **Malachite and Zincite minerals** with **micro-ions** relaxes your entire body, relieving your mind, body and soul of stress. While you are fully relaxed, the accumulated tension, fatigue and pain go away gradually, offering you a feeling of peace and harmony.



Face and cleavage massage

Relaxation massage (whole body and partial)

Anti-cellulite massage

Therapeutic & relaxing bath with Epsom salt and essential oil

Hydro massage

Lymphatic massage (using modern pressure therapy) – Aesthetic programs

Using the **pressure therapy principle** and **cutting-edge equipment**, Clermont Health and Beauty Centre offers several lymphatic system stimulation / adjustment programs which also strengthen the immunity system.

The lymphatic massage-based programs stimulate the activity of lymph vessels, ease the lymph flow through the constricted areas and accelerates tissue metabolism.

The lymphatic system collects excess lymph which accumulates in tissues. It absorbs and carries fatty acids and fats into the circulatory system and carries the cells representing an antigen for the improvement / stimulation and improvement / prevention of lymphatic disorders causing inflammations and other symptoms. The lymphatic drainage unblocks the channels and lymphatic vessels.

The main benefits of the lymphatic massage are medical. Medium-term programs also help cure and regenerate muscle tissues, promote better firmness and restore skin elasticity. The use of special applicators made of multiple overlapping layers ensures a mild massage which stimulates the natural flow of the lymph in the body.

Programs with a prevailing aesthetic role:

- Cellulitis
- Detox
- Restless feet
- Improved skin replenishment
- Rejuvenation



The effects of lymphatic massage aesthetic programs: analgesic, anti-oedematous, increased lymphatic drainage, muscle relaxant, supports micro-circulation, helps regenerate tissues, replenishes the skin and the subcutaneous area, increases local metabolism.

Counter-indications of lymphatic massage aesthetic programs: acute thrombophlebitis, confirmed diagnose or suspicion of profound venous thrombosis, acute febrile disorders, epilepsy, pregnancy and tumours.

For reservations please dial 0267/342.123 (Reception) extension 853 (Swimming pool reception, between 9 am and 8 pm).