

Leisure & Sports

A healthy body and mind through physical and leisure activities in Clermont Hotel

Whether you are keen on exercising or simply wish to improve your personal skills and team spirit, Clermont can offer the sporting and leisure activities that suit you best while making the most of what Covasna resort has to offer: peaceful surroundings and highly ionised air.

Located off the Secret Garden of the hotel, the multipurpose sports ground is the ideal place to exercise your body. You can test your endurance and have fun either as a pair or a team and use it for a **tennis court** or a **minifootball** pitch. See you there!



If leisure is about team spirit to you and enjoying time mingling with other people, then **floorball** (floor hockey) should be on top of your list of sporting activities in Clermont Hotel. Not only does it build your stamina because it requires constant movement in the field, but it is the most enjoyable way to spend time with friends.

Another unconventional leisure activity provided by Clermont Hotel is **archery**. Now a recognised sporting activity, archery is turning more popular among leisure games. Coupling patience and concentration, archery comes with the lessons of responsibility and self-confidence.



The climbing tower is designed to test your endurance, ingenuity and sense of perspective. Climbing is an exercise meant to boost self-confidence and develop one's puzzle-solving ability to complete the climb, though it may require at times making the most of the mind as well as sheer muscle power.

Having reached the top of the climbing tower, you have earned your right to a special experience, the **zip-line**. You can enjoy a wonderful bird eye view of the Secret Garden and then glide on the zip-line over the Valley of Horgaz River and down to the woods. Make the most of the feeling of freedom!



Do you want to test your skills in an ad-hoc shooting range? Try Paintball! Enjoy the frenzy of colorful bullets fired at the target in a natural setting, in the middle of the forest. Try to become the best marksmen in a fun way. Competition and fair play!

Reputed for its countless benefits for the mind and the body, **mountain biking** is yet another sporting activity you can enjoy in Clermont Hotel. Young and old, amateur or professional cyclists, everyone can enjoy a good ride off-road and on-road, including the trails marked on the map that the hotel reception can provide.



On sunny days, you can choose **table tennis** in the open in the Secret Garden. When the weather is bad, you can go for an exciting table tennis game in Clermont Bar&Club where you can test how quick you react. Remember that it is all about relaxation and joy.

The guests of Clermont Hotel can try different activities for the mind and the body even on a gloomy day. Brace up and try **bowling**! You can experience the fun of intense competition next to your family or friends on our two bowling lanes.



You can also go for an exciting pool game inside Clermont Bar, while sipping a soft drink or a cocktail. Whether in a team or individually, you can have all the fun you want!

Self-confidence is built through physical and mental exercise. Clermont Hotel is a constant promoter of this approach and is looking forward to your making the most of what it has to offer!