



**WELLNESS & SPORT**  
**WELLNESS & SPA PACKAGES**

(Rates are in lei, include VAT and the resort tax)

**‘STRESS IS FOR OTHERS’**

The ‘Stress is for others’ program is designed for active young and adult people with jobs that are demanding for the neuro-psychical system, with perturbations of the sleep-wake and rest-effort biorhythms. The relaxing and sedative effects of Covasna resort, the treatment procedures provided in Clermont Hotel (electro-therapy, massage, and kinetotherapy), and the opportunities to spend free time doing various activities contribute to removing the effects of everyday stress, improving the functional capacity of the body and work capacity, reducing medication. It can be completed with services provided by **The Beauty and Fitness Center**.

Medical recommendations: stress moods, rheumatism-related issues, obesity, hypertension, peripheral blood-related issues.

**‘A HEALTHY HEART’**

The “**A HEALTHY HEART**” program is designed for people suffering from heart diseases and hypertension. Respecting the minimum recommended period as well the repeatability of the treatment in time (twice per year) increases tremendously the efficiency of the treatment provided in **Clermont Health Center**. The procedures are based on local resources that are unique Europe-wide: negative ions air, moffette gas and the multitude of mineral water springs that can be found everywhere in Covasna.

Medical recommendations: compensated cardiovascular affections (ischemic cardiopathy, arterial hypertension, miocardic infarct sequels, valvulopathies, thromboflebitis sequels, varicose disease, peripheral arthopathies), rheumatic affections and associated affections (metabolic and nutrition affections, asthenic neurosis).

Period	Rate/night/room						Remarks
	03.01.2026 - 30.04.2026		01.05 - 30.06.2026 & 01.09 - 22.12.2026		01.07.2026 - 31.08.2026		
<b>6 - 9 NIGHTS</b>	SINGLE	DOUBLE	SINGLE	DOUBLE	SINGLE	DOUBLE	Accommodation rates include: <ul style="list-style-type: none"> <li>• breakfast</li> <li>• restaurant credit*</li> <li>• medical examination</li> <li>• 3 medical procedures / night (except for check-in night);</li> </ul> The accommodation rates in this offer include <u>restaurant credit*</u> (value per room/night mentioned in the table). For these packages, a referral from the family doctor is not required! <b>On the day of check-in, no spa treatment is performed and no medical procedures are assigned.</b> Medical procedures (with certain exceptions) are performed from Monday to Saturday, including those related to Sundays (where applicable).
Standard	565	755	595	790	625	820	
Executive	625	805	655	845	680	870	
Junior Suite	715	900	745	935	775	965	
Senior Suite	930	1.110	960	1.150	995	1.185	
Presidential Suite	970	1.150	1.000	1.190	1.035	1.225	
<b>10 - 15 NIGHTS</b>	SINGLE	DOUBLE	SINGLE	DOUBLE	SINGLE	DOUBLE	
Standard	545	735	575	770	605	800	
Executive	605	785	635	825	660	850	
Junior Suite	690	875	720	910	750	940	
Senior Suite	900	1.080	930	1.120	965	1.155	
Presidential Suite	940	1.120	970	1.160	1.005	1.195	
<b>MINIMUM 16 NIGHTS</b>	SINGLE	DOUBLE	SINGLE	DOUBLE	SINGLE	DOUBLE	Pre-paid credit for restaurant/room/night <b>Unused amount are not reimbursed</b>
Standard	535	725	565	760	595	790	
Executive	595	775	625	815	650	840	
Junior Suite	680	865	710	900	740	930	
Senior Suite	890	1.070	920	1.110	955	1.145	
Presidential Suite	930	1.110	960	1.150	995	1.185	
Restaurant Credit INCLUDED (a la carte, not usable for breakfast)	80	160	80	160	80	160	
Additional medical procedure	22	22	24	24	25	25	
							Rate /night / person

\* Food & beverage credit paid in advance, a la carte service. In certain periods there is the possibility to opt for the buffet dinner, the availability and the price of this service will be announced at check in.

All packages include: free access to the swimming-pool, dry sauna, steam bath, outdoor jacuzzi, gym and monitored car park.

Internet is FREE – wireless and via cable (only in rooms);

To use the services included in the package, we kindly ask you to make the booking at the hotel's / swimming-pool's reception in advance.

If one or several services included in the package have not been provided due to reasons that cannot be blamed on the hotel or have not been requested by the customer, the charges for these services will not be reimbursed.

Various games are available free of charge at the reception desk (backgammon, chess, rummy, cards).

Children under 6 years old benefit from free breakfast and accommodation in the same room as parents (with no additional bed). Children aged 7-12 years old benefit from free accommodation (same room as parents, with no additional bed); breakfast is charged 35 lei / night.

The rate for the “Additional bed” service is 65 lei / night (breakfast included).

Children above 12 are considered adults and the “Additional adult” service is applied. This service is charged 95 lei/night

**Pets are not allowed in the hotel.**

**You may not introduce nor consume alcoholic or non-alcoholic drinks in the hotel, other than those sold on premises.**

**SMOKING IS STRICTLY FORBIDDEN** in Clermont Hotel.

**You are liable for requiring procedures that are not recommended by the balneology doctor.**

<sup>1</sup> Procedures that may be recommended by the balneology doctor subsequent to a specialized medical consultation, for each separate package: **moffette** (carbon dioxide emissions), **carbo-gaseous bath with mineral water, hydrotherapy** (underwater shower, galvanic baths), **aerosols, electro-therapy** (diodynamic currents, interferential currents, Trabert currents, magnetodiaflow, short wave radiation, ultrasounds, laser therapy), **massage therapy** (dry hand massage, lymphatic massage), individual or group

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